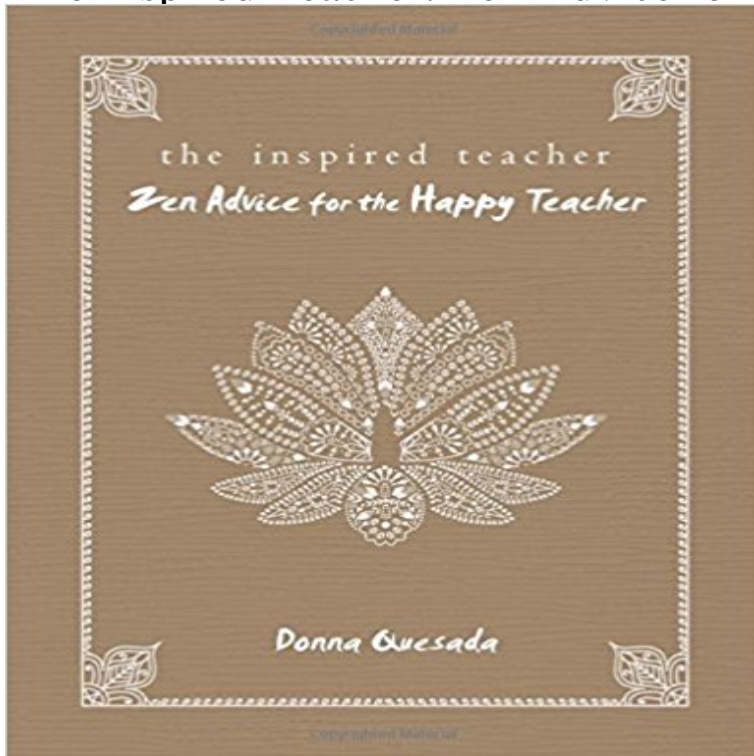


# The Inspired Teacher: Zen Advice for the Happy Teacher



Donna Quesada had been teaching for about a dozen years when the first signs of burnout hit her. Rather than give in to her frustration, she reached for Buddha's teachings, the Zen wisdom that formed the basis of her own longtime spiritual practice. She survived the semester and gradually rediscovered the joy in her job that had been progressively declining. In this wise and inspirational book, she shares the lessons she learned—lessons that revealed, time and again, that no matter the situation, it's always about getting your head in the right place first. Resolution begins in our own minds. Some days, some semesters, and even some years will be more challenging and more wearisome than others, she warns. But in *The Inspired Teacher*, Quesada offers a lasting source of encouragement and Zen. Although the book draws from Eastern teachings, the wisdom is for everyone, regardless of personal background, creed, or faith. With elements of *The Last Lecture* as well as *Chicken Soup for the Teacher's Soul*, this is the perfect gift for teachers—but also for anyone needing inspiration.

The Inspired Teacher: Zen Advice for the Happy Teacher - Donna Quesada  
Read saving Buddha in the Classroom: Zen Wisdom to Inspire Teachers .. Wise advice about coping and enjoying yourself in the classroom. Some good! The Inspired Teacher - Skyhorse Publishing Find product information, ratings and reviews for Inspired Teacher : Zen Advice for the Happy Teacher (Hardcover) (Donna Quesada) online on . The Inspired Teacher: Zen Advice for the Happy Teacher - Quicksales Editorial Reviews. About the Author. Donna Quesada is a professor at Santa Monica College. Although she has taught all facets of philosophy, her concentration is : The Inspired Teacher: Zen Advice for the Happy Sep 8, 2016 The Inspired Teacher: Zen Advice for the Happy Teacher Brand New. \$39.50. Free postage. Fyshwick, ACT map. Watch Item Facebook Twitter! Buddha in the Classroom: Zen Wisdom to Inspire Teachers: Donna Quesada There is a newer edition of this item: The Inspired Teacher: Zen Advice for



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