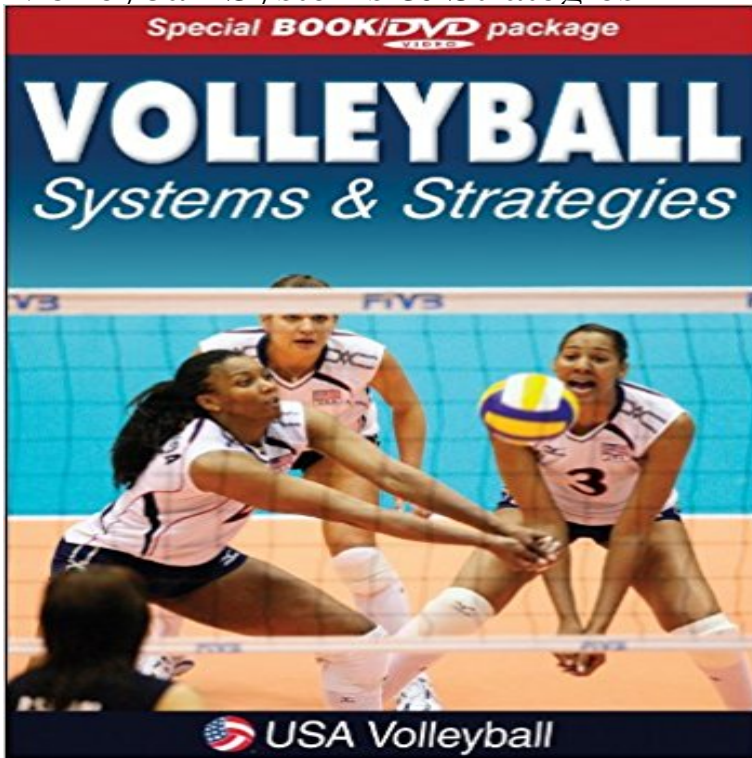


Volleyball Systems & Strategies



Build a successful team around the strength of your players. Volleyball Systems & Strategies is your guide to implementing the worlds top systems and strategies for consistent execution and superior team play. With this special book and DVD, youll identify the offensive and defensive systems best suited to your teams talents, in-game situations, and your opponents style of play. Go on the court and see the games best serve, serve-serve, offensive, and defensive systems and strategies in action. Compare each systems advantages and limitations, then master their on-the-court execution with over 80 practice drillsâ€”complete with variations and coaching tips. If youre ready to maximize your talents, ace the competition, and step up to championship play, let Volleyball Systems & Strategies be your guide to bringing home the gold.

```

window.ue_csm.cel_widgets
= [
  { id: detail-bullets }, {
id: featurebullets_feature_div },
  { id: summaryContainer }, { s:
#revMHRL > DIV , id_gen:
function(elem, index) { return
custRev + (index + 1); } }, { id:
sims_fbt }, { id:
purchase-sims-feature }, { id:
session-sims-feature }, { id:
quickPromoBucketContent }, {
id: productDescription }, { id:
technicalSpecifications_feature_d
iv }, { id: prodDetails }, { id:
related_ads }, { id:
technical-data }, { id:
tagging_lazy_load_div }, { id:
consumption-sims }, { id:
moreBuyingChoices_feature_div
}, { id:
product-ads-feedback_feature_div
}, { id: DAcrct }, { id: vtpsims

```

```

} , { c: celwidget } , { id:
fallbacksessionShvl } , { id: rhf
} , { id:
unifiedLocationPopoverSelection
s } ]; (function(a){ var
b=document.ue_backdetect;b&&
b.ue_back&&a.ue&&(a.ue.bfini=
b.ue_back.value);a.uet&&a.uet(b
e);a.onLdEnd&&(window.addEv
entListener?window.addEventList
ener(load,a.onLdEnd,!1):window.
attachEvent&&window.attachEve
nt(onload,a.onLdEnd));a.ueh&&a
.ueh(0,window,load,a.onLd,1);a.u
e&&a.ue.tag&&(a.ue_furl&&a.u
e_furl.split?(b=a.ue_furl.split(
.&&b[0]&&a.ue.tag(b[0]):a.ue.tag
(nofls)))(ue_csm); var
ue_pty=Detail, ue_spty=Glance,
ue_pti=0736074953; v
(function(g,h){ function
d(a,d){ var b={};if(!e !f)try{ var
c=h.sessionStorage;c?a&&(undefi
ned!==typeof
d?c.setItem(a,d):b.val=c.getItem(
a)):f=1 }catch(g){ e=1 }e&&(b.e=1
);return b}var b=g.ue
{ },a=f,e,c,a=d(csmtid);f?a=NA:a.
e?a=ET:(a=a.val,a (a=b.oid
NI,d(csmtid,a)),c=d(b.oid),c.e
(c.val=c.val
0,d(b.oid,c.val+1)),b.ssw=d);b.tab
id=a})(ue_csm,window);
(function(b,c){ var
a=c.images;a&&a.length&&b.ue.
count(totalImages,a.length)})(ue_
csm,document);
(function(m,h){ function
I(a){ if(a)return a.replace(/^//s+
//s+$/g,)}function
x(a,e){ if(!a)return{ };a.m&&a.m[
k]&&(a=a.m);var b=e.m e[k]
,b=a.m&&a.m[k]?b+a.m[k]:a.m&
&a.m.target&&a.m.target.tagNam
e?b+(Error handler invoked by
+a.m.target.tagName+
tag):a.m?b+a.m:a[k]?b+a[k]:b+U
nknown error,b={ m:b,f:a.f
a.sourceURL a.fileName
a.filename
a.m&&a.m.target&&a.m.target.sr
c,l:a.l a.line a.lineno

```

```

a.lineNumber,c:a.c?+a.c:a.c,s:[],t:
m.ue.d(),name:a.name,type:a.type
,csm:J+
+(a.fromOnError?onerror:
ueLogError)},d,c,g=0,f=0,n;c=h.l
ocation;d=a.stack
(a.err?a.err.stack:);b[y]=e[y]
c&&c.href missing;b[p]=e[p]
z;(c=e[q])&&(b[q]=+c);m.ue_ld_
err&&h.performance&&h.perfor
mance.timing&&(c=h.performanc
e.timing,f=window.performance&
&window.performance.now&&w
indow.performance.timing?windo
w.performance.now()+window.pe
rformance.timing.navigationStart:
+new
Date,b.ld=0l.mxe))){l.ec++;l.ter.p
ush(a);e=e { };var b=a[p]
e[p];e[p]=b;e[q]=a[q]
e[q];b&&b!=z l.ecf++;w(a,
e)} }function w(a,e){if(a){var
b=x(a,e),d=e.channel
M;if(ue.log.isStub&&h[u]&&h[u
][v]){var c={ };c[d]=b;try{var
g=h[u][v]({rid:ue.rid,sid:m.ue_sid
,mid:m.ue_mid,sn:m.ue_sn,reqs:[
c]}),f=h1,n;if(n!=(f[D]&&f[D](E,
g))){var l;if(h[F]){var k=new
h[F];k.onerror=s;k.ontimeout=s;k.
onprogress=s;k.onload=s;k.timeo
ut=0;l=k}else{var p;if(h[G]){var
q=new h[G];p=withCredentialsin
q?q:void 0}else p=void
0;l=p}n=1}if(d=n){d.open(POST,
E,!0);if(d[H]d[H](Content-type,t
ext/plain);d.send(g)} }catch(r){ }
else m.ue.log(b,
d,{nb:1});if(!a.fromOnError){g=h
.console { };d=g.error g.log
s;c=h[u];f=Error logged with the
Track&Report JS errors
API(http://tiny/1covqr6l8/wamazi
ndeClieUserJava):
;if(c&&c[v])try{f+=c[v](b)}catch
(t){f+=no info provided;
converting to string failed}else
f+=b.m;d.apply(g,[f,b])} } }var
G=XMLHttpRequest,F=XDomai
nRequest,N=navigator,D=sendBe
acon,v=stringify,u=JSON,p=logL
evel,q=attribution,y=pageURL,r=

```

```

skipTrace,H=setRequestHeader,k
=message,s=function(){},E=//+m.
ue_furl+
/1/batch/1/OE/,l=m.ue_err,M=m.
ue_err_chan
jserr,z=FATAL,J=v6,A=20,t=256
,L=RegExp( (?([ ^ s]*):( d+): d+
)?)?.split(
).join(String.fromCharCode(92))),
K=/. * @ ( . * ) : ( // d * ) / ; x [ r ] = 1 ; C [ r ] = 1 ;
w [ r ] = 1 ; ( function () { for ( var
a, e = 0 ; e
(function ( c, d ) { var
b = c.ue, a = d.navigator ; b && b.tag &
&a && ( a = a.connection
a.mozillaConnection
a.webkitConnection ) && a.type &
&b.tag ( netInfo : + a.type ) } ) ( ue_csm
, window ) ;
( function ( c, d ) { function
g ( a, b ) { for ( var
c = [], d = 0 ; d
ue_csm.ue.exec ( function ( d, e, a ) { f
unction
b ( a, b ) { return { name : a, getFeature
Value : function () { return
void
0 ! == b
0 } } } function
h ( a, b, c ) { return { name : a, getFeature
Value : function () { return
b === c
0 } } } function
g ( a, b ) { return { name : a, getFeature
Value : function () { for ( var
a = 0 ; a
ue._bf.modules.push(
ue._bf.mpm(cc_ie5, 1) )
ue._bf.modules.push(
ue._bf.mpm(cc_ie6, 1) )
ue._bf.modules.push(
ue._bf.mpm(cc_ie7, 1) )
ue._bf.modules.push(
ue._bf.mpm(cc_ie8, 1) )
ue._bf.modules.push(
ue._bf.mpm(cc_ie9, 1) )
( function ( g, b, h ) { function
c () { var
a ; a = h.cookie.match ( /session-id=( [
//w//- ] + ) / ) ; a = null ! == a ? a [ 1 ] : null ; v
ar
b = ue_sid, c = Date.now ? Date.no
w () : ( new Date ). getTime () ; d [ a ]
( e.log ( { k : k, t : c, nsid : a, osid : b } , f ), d [
a ] = 1 ) } var
k = sbk, f = csm ; b = b.navigator.cooki
eEnabled ? ! 0 : ! 1 ; var
e = g.ue, d = { } ; e.log ( { k : cinf, enbl : b
}, f ) ; b && ue_sid && ( d [ ue_sid ] = 1, e.

```

```

attach(beforeunload,c),setInterval
(c,1E3))})(ue_csm>window,docu
ment);
ue_csm.ue.exec(function(e,f){var
a=e.ue
},b=a._wlo,d;if(a.ssw){d=a.ssw(
CSM_previousURL).val;var
c=f.location,b=b?b:c&&c.href?c.
href.split(#)[0]:void 0;c=(b
)==a.ssw(CSM_previousURL).v
al;!c&&b&&a.ssw(CSM_previou
sURL,b);d=c?reload:d?intrapage-t
ransition:first-view}else
d=unknown;a._nt=d},NavTypeM
odule)(ue_csm>window); var
ue_mbl=ue_csm.ue.exec(function
(e,a){function k(f){b=f
{};a.AMZNPerformance=b;b.tran
sition=b.transition
{};b.timing=b.timing
{};if((f=a.webclient&&function=
==typeof
webclient.getRealClickTime?a.co
rdova&&a.cordova.platformId&
&ios==cordova.platformId?!1:!0:
!1)&&b.tags instanceof
Array){var
c;c=-1!=b.tags.indexOf(usesAppS
tartTime)
b.transition.type?!b.transition.typ
e&&-1 (function(b){function
c(){if(a.log&&a.log.isStub){var
b=[];a.log.replay(function(a){var
c={};c[a[1]]=a[0];b.push(c)});b.le
ngth&&k(b)}}function
k(a){if(e)a=f(a),b.navigator.send
Beacon(g,a);else{a=f(a);var
c=new
b[d];c.open(POST,g,!0);c.setRequ
estHeader&&c.setRequestHeader
(Content-type,text/plain);c.send(a
)}}function f(a){return
JSON.stringify({rid:b.ue_id,sid:b.
ue_sid,mid:b.ue_mid,mkt:b.ue_m
kt,sn:b.ue_sn,reqs:a})}var
d=XMLHttpRequest,a=b.ue,l=b[d
]&&withCredentialsin new
b[d],e=b.navigator&&
b.navigator.sendBeacon,g=//+b.ue
_furl+/1/batch/1/OE/,h=b.ue_fci_
ft;a&&(l
e)&&(a.attach&&(a.attach(before

```

```
unload,c),a.attach(pagehide,c)),h
&&b.setTimeout(c,h),a._ffci=c))
(window);
```

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