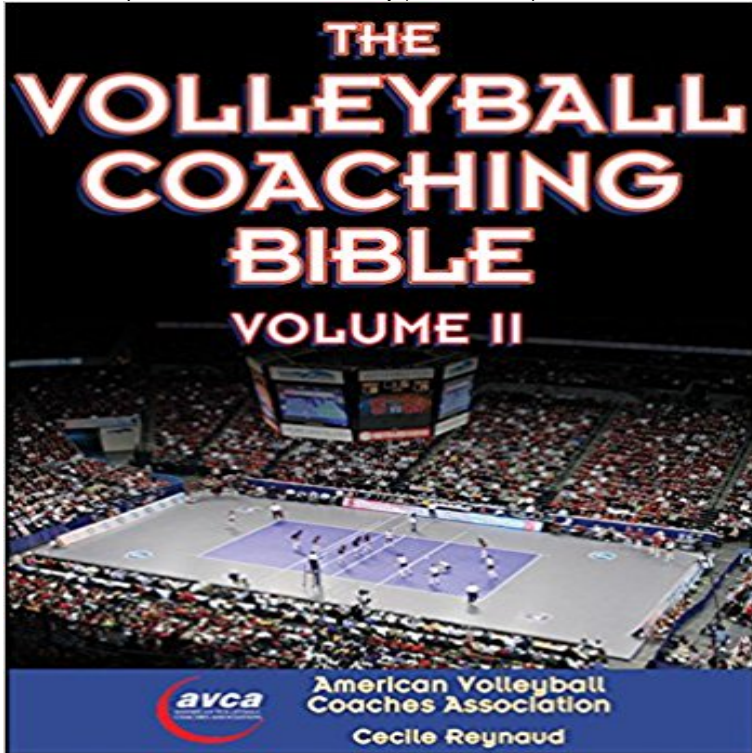


# Volleyball Coaching Bible, Volume II, The



Building on the success of the first volume of The Volleyball Coaching Bible, the American Volleyball Coaches Association (AVCA) brings you The Volleyball Coaching Bible, Volume II. Featuring contributions from 20 of the top volleyball minds in the game today, this resource will help you build your program, shape and improve your team, and sharpen your coaching skills in key areas such as these:

- Building and managing your program
- Developing players'™ skills by position
- Establishing and implementing match strategy
- Training and conditioning athletes
- Offensive tactics
- Scouting and analyzing opponents
- Evaluating statistics and using them to your advantage
- Planning practices

The Volleyball Coaching Bible, Volume II presents the drills top coaches use for developing players at each position and offers insights on in-game strategies for various match situations, including strategic serving, defensive schemes, and on-the-go decision making. In addition to on-court Xs and Os, you'll learn what it takes to establish a successful high school, college, and beach volleyball program. Setting program expectations and tactics, building a positive and winning culture, recruiting the right way, and running camps are all keys to sustained program success shared in The Volleyball Coaching Bible, Volume II. Endorsed by the AVCA and edited by volleyball coaching legend Cecile Reynaud, The Volleyball Coaching Bible, Volume II covers

the entire court in describing and coaching the nuances of the game and shaping a successful program. It's a practical and motivational resource that you'll refer to season after season in your coaching career.

```

; if (typeof P === undefined) { }
else { P.when(jQuery, ready).execute(function ($) {
setTimeout(function () {
{ if (msa.Vowels) { var amzvowels =
new msa.Vowels($, 16, [ec2.images-amazon.com, ec3.images-amazon.com,
ec5.images-amazon.com], 5, 82R7HAK14CE6FKM1MPBC,
[z-ec3.images-amazon.com, z-ak.images-amazon.com ],
images-na.ssl-images-amazon.com, [1820, 3320, 7470, 14730],
[1820B, 3320B, 7470B, 14730B], 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 14, 15, 17, 18, 19, 20, 21, 22, 23],
50, 50, 100);
amzvowels.initializeAndStart();
}}, 8000)); }
window.ue_csm.cel_widgets = [
{ id: detail-bullets }, { id: featurebullets_feature_div }, { id: summaryContainer }, { s: #revMHRL > DIV , id_gen: function(elem, index) { return custRev + (index + 1); } }, { id: sims_fbt }, { id: purchase-sims-feature }, { id: session-sims-feature }, { id: quickPromoBucketContent }, { id: productDescription }, { id: technicalSpecifications_feature_div }, { id: prodDetails }, { id: related_ads }, { id: technical-data }, { id: tagging_lazy_load_div }, { id: consumption-sims }, { id: moreBuyingChoices_feature_div }, { id: product-ads-feedback_feature_div }, { id: DActr }, { id: vtpsims }, { c: celwidget }, { id: fallbacksessionShvl }, { id: rhf }, { id:

```

```

unifiedLocationPopoverSelection
s }    ];    (function(a){ var
b=document.ue_backdetect;b&&
b.ue_back&&a.ue&&(a.ue.bfini=
b.ue_back.value);a.uet&&a.uet(b
e);a.onLdEnd&&(window.addEv
entListener?window.addEventList
ener(load,a.onLdEnd,!1):window.
attachEvent&&window.attachEve
nt(onload,a.onLdEnd));a.ueh&&a
.ueh(0>window,load,a.onLd,1);a.u
e&&a.ue.tag&&(a.ue_furl&&a.u
e_furl.split?(b=a.ue_furl.split(
))&&b[0]&&a.ue.tag(b[0]):a.ue.tag
(nofls))})(ue_csm);    var
ue_pty=Detail, ue_spty=Glance,
ue_pti=1450491987;    v
(function(g,h){ function
d(a,d){ var b={ };if(!e !f)try{ var
c=h.sessionStorage;c?a&&(undefi
ned!==(typeof
d?c.setItem(a,d):b.val=c.getItem(
a)):f=1 }catch(g){e=1 }e&&(b.e=1
);return b }var b=g.ue
{ },a=f,e,c,a=d(csmtid);f?a=NA:a
e?a=ET:(a=a.val,a (a=b.oid
NI,d(csmtid,a)),c=d(b.oid),c.e
(c.val=c.val
0,d(b.oid,c.val+1)),b.ssw=d);b.tab
id=a})(ue_csm>window);
(function(b,c){ var
a=c.images;a&&a.length&&b.ue.
count(totalImages,a.length)})(ue_
csm,document);
(function(m,h){ function
I(a){ if(a)return a.replace(/^//s+
//s+$/g,)}function
x(a,e){ if(!a)return{ };a.m&&a.m[
k]&&(a=a.m);var b=e.m e[k]
,b=a.m&&a.m[k]?b+a.m[k]:a.m&
&a.m.target&&a.m.target.tagName
e?b+(Error handler invoked by
+a.m.target.tagName+
tag):a.m?b+a.m:a[k]?b+a[k]:b+U
nknown error,b={ m:b,f:a.f
a.sourceURL a.fileName
a.filename
a.m&&a.m.target&&a.m.target.sr
c,l:a.l a.line a.lineno
a.lineNumber,c:a.c?+a.c:a.c,s:[],t:
m.ue.d(),name:a.name,type:a.type
,csm:J+

```

```

+(a.fromOnError?onerror:
ueLogError)},d,c,g=0,f=0,n;c=h.l
ocation;d=a.stack
(a.err?a.err.stack:);b[y]=e[y]
c&&c.href missing;b[p]=e[p]
z;(c=e[q])&&(b[q]=+c);m.ue_ld_
err&&h.performance&&h.perfor
mance.timing&&(c=h.performanc
e.timing,f=window.performance&
&window.performance.now&&w
indow.performance.timing?windo
w.performance.now()+window.pe
rformance.timing.navigationStart:
+new
Date,b.ld=0l.mxe))){l.ec++;l.ter.p
ush(a);e=e    };var  b=a[p]
e[p];e[p]=b;e[q]=a[q]
e[q];b&&b!=z    l.ecf++;w(a,
e) }function    w(a,e){if(a){var
b=x(a,e),d=e.channel
M;if(ue.log.isStub&&h[u]&&h[u
][v]){var    c={ };c[d]=b;try{var
g=h[u][v]({rid:ue.riid,sid:m.ue_sid
,mid:m.ue_mid,sn:m.ue_sn,reqs:[
c]),f=h1,n;if(n!=(f[D]&&f[D])(E,
g))){var  l;if(h[F]){var  k=new
h[F];k.onerror=s;k.ontimeout=s;k.
onprogress=s;k.onload=s;k.timeo
ut=0;l=k}else{var  p;if(h[G]){var
q=new  h[G];p=withCredentialsin
q?q:void    0}else    p=void
0;l=p}n=1}if(d=n){d.open(POST,
E,!0);if(d[H])d[H](Content-type,t
ext/plain);d.send(g) } }catch(r) { }
else
m.ue.log(b,
d,{nb:1 });if(!a.fromOnError){g=h
.console    };d=g.error  g.log
s;c=h[u];f=Error logged with the
Track&Report    JS    errors
API(http://tiny/1covqr6l8/wamazi
ndeClieUserJava):
;if(c&&c[v])try{f+=c[v](b)}catch
(t){f+=no    info    provided;
converting to string failed}else
f+=b.m;d.apply(g,[f,b])} }var
G=XMLHttpRequest,F=XDomai
nRequest,N=navigator,D=sendBe
acon,v=stringify,u=JSON,p=logL
evel,q=attribution,y=pageURL,r=
skipTrace,H=setRequestHeader,k
=message,s=function() { },E=//+m.
ue_furl+

```

```

/1/batch/1/OE/,l=m.ue_err,M=m.
ue_err_chan
jserr,z=FATAL,J=v6,A=20,t=256
,L=RegExp( (?([ ^ s]*):( d+): d+
)?).split(
).join(String.fromCharCode(92))),
K=/.*@(.*):(//d*);x[r]=1;C[r]=1;
w[r]=1;(function(){for(var
a,e=0;e      (function(c,d){var
b=c.ue,a=d.navigator;b&& b.tag&
&a&&(a=a.connection
a.mozConnection
a.webkitConnection)&&a.type&
&b.tag(netInfo:+a.type)))(ue_csm
>window);
(function(c,d){function
g(a,b){for(var      c=[],d=0;d
ue_csm.ue.exec(function(d,e,a){f
unction
b(a,b){return{name:a,getFeature
Value:function(){return      void
0!==b      0}} }function
h(a,b,c){return{name:a,getFeature
Value:function(){return      b===c
0}} }function
g(a,b){return{name:a,getFeature
Value:function(){for(var a=0;a
ue._bf.modules.push(
ue._bf.mpm(cc_ie5, 1) )
ue._bf.modules.push(
ue._bf.mpm(cc_ie6, 1) )
ue._bf.modules.push(
ue._bf.mpm(cc_ie7, 1) )
ue._bf.modules.push(
ue._bf.mpm(cc_ie8, 1) )
ue._bf.modules.push(
ue._bf.mpm(cc_ie9, 1) )
(function(g,b,h){function c(){var
a;a=h.cookie.match(/session-id=(
//w//-]+)/);a=null!==(a?a[1]:null);v
ar
b=ue_sid,c;c=Date.now?Date.no
w():(new Date).getTime();d[a]
(e.log({k:k,t:c,nsid:a,osid:b},f),d[
a]=1)}var
k=sbk,f=csm;b=b.navigator.cooki
eEnabled?!0:!1;var
e=g.ue,d={ };e.log({k:cinf,enbl:b
},f);b&&ue_sid&&(d[ue_sid]=1,e.
attach(beforeunload,c),setInterval
(c,1E3))})(ue_csm>window,docu
ment);

```

```

ue_csm.ue.exec(function(e,f){var
a=e.ue
},b=a._wlo,d;if(a.ssw){d=a.ssw(
CSM_previousURL).val;var
c=f.location,b=b?b:c&&c.href?c.
href.split("#")[0]:void 0;c=(b
)==a.ssw(CSM_previousURL).v
al;!c&&b&&a.ssw(CSM_previou
sURL,b);d=c?reload:d?intrapage-t
ransition:first-view}else
d=unknown;a._nt=d},NavTypeM
odule)(ue_csm>window); var
ue_mbl=ue_csm.ue.exec(function
(e,a){function k(f){b=f
{};a.AMZNPerformance=b;b.tran
sition=b.transition
{};b.timing=b.timing
{};if((f=a.webclient&&function=
==typeof
webclient.getRealClickTime?a.co
rdova&&a.cordova.platformId&
&ios==cordova.platformId?!1:!0:
!1)&&b.tags instanceof
Array){var
c;c=-1!=b.tags.indexOf(usesAppS
tartTime)
b.transition.type?!b.transition.typ
e&&-1
(function(e,m){if(e.ue_cors){var
f=0,g,h={};g=setInterval(function
()){for(var
d=m.scripts,k={},a,b,l=!1,c=0;c

```

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