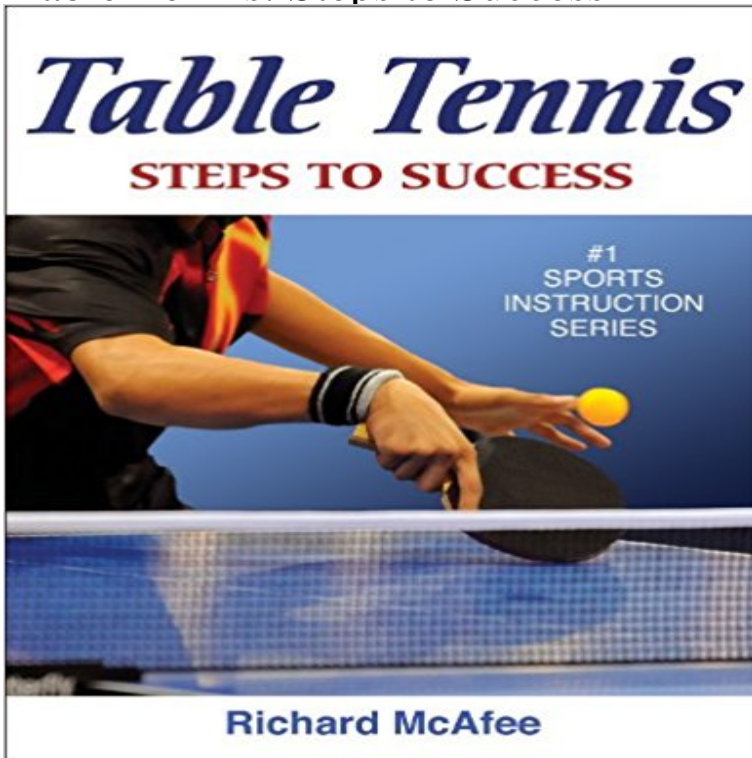


# Table Tennis: Steps to Success



Step up to table tennis success! Table Tennis: Steps to Success combines the knowledge and experience of master instructor Richard McAfee with essential table tennis techniques and strategies for today's player. With a unique 11-step approach designed to maximize table tennis instruction, you'll learn the proper grip for your style of play, execution of the basic strokes, and the correct way to apply spin to the ball. Then, build on these core techniques with masterful footwork, serves, returns, and stroke combinations. Best of all, learn how and when to apply those skills in match play. With competitive strategies adapted for both you and your opponents playing style you'll raise your game to a new level. And with clear instruction, comprehensive coverage, detailed photo sequences, and drills to ensure mastery of every technique, you'll be playing and winning in no time. As part of the Steps to Success Sports Series with more than 1.5 million copies sold rest assured that Table Tennis: Steps to Success is the #1 resource for learning, and loving, the game.

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window.ue_csm.cel_widgets = [
  { id: detail-bullets }, { id:
featurebullets_feature_div }, {
id: summaryContainer }, { s:
#revMHRL > DIV , id_gen:
function(elem, index) { return
custRev + (index + 1); } }, { id:
sims_fbt }, { id:
purchase-sims-feature }, { id:
session-sims-feature }, { id:
quickPromoBucketContent }, {
id: productDescription }, { id:
technicalSpecifications_feature_d
iv }, { id: prodDetails }, { id:

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related_ads      } , { id:
technical-data   } , { id:
tagging_lazy_load_div } , { id:
consumption-sims } , { id:
moreBuyingChoices_feature_div
} , { id:
product-ads-feedback_feature_div
} , { id: DActr } , { id: vtpsims
} , { c: celwidget } , { id:
fallbacksessionShvl } , { id: rhf
} , { id:
unifiedLocationPopoverSelections
} ]; (function(a){var
b=document.ue_backdetect;b&&
b.ue_back&&a.ue&&(a.ue.bfini=
b.ue_back.value);a.uet&&a.uet(b
e);a.onLdEnd&&(window.addEvent
EventListener?window.addEventList
ener(load,a.onLdEnd,!1):window.
attachEvent&&window.attachEvent
(onload,a.onLdEnd));a.ueh&&a
.ueh(0,window,load,a.onLd,1);a.u
e&&a.ue.tag&&(a.ue_furl&&a.u
e_furl.split?(b=a.ue_furl.split(
))&&b[0]&&a.ue.tag(b[0]):a.ue.tag
(nofls))})(ue_csm); var
ue_pty=Detail, ue_spty=Glance,
ue_pti=0736077316; v
(function(g,h){function
d(a,d){var b={};if(!e !f)try{var
c=h.sessionStorage;c?a&&(undefi
ned!==typeof
d?c.setItem(a,d):b.val=c.getItem(
a)):f=1 }catch(g){e=1 }e&&(b.e=1
);return b }var b=g.ue
{ },a=f,e,c,a=d(csmtid);f?a=NA:a
e?a=ET:(a=a.val,a (a=b.oid
NI,d(csmtid,a)),c=d(b.oid),c.e
(c.val=c.val
0,d(b.oid,c.val+1)),b.ssw=d);b.tab
id=a})(ue_csm,window);
(function(b,c){var
a=c.images;a&&a.length&&b.ue.
count(totalImages,a.length)})(ue_
csm,document);
(function(m,h){function
I(a){if(a)return a.replace(/^//s+
//s+$/g,)}function
x(a,e){if(!a)return{ };a.m&&a.m[
k]&&(a=a.m);var b=e.m e[k]
,b=a.m&&a.m[k]?b+a.m[k]:a.m&
&a.m.target&&a.m.target.tagName

```

```

e?b+(Error handler invoked by
+a.m.target.tagName+
tag):a.m?b+a.m:a[k]?b+a[k]:b+U
nknown error,b={m:b,f:a.f
a.sourceURL a.fileName
a.filename
a.m&&a.m.target&&a.m.target.sr
c,l:a.l a.line a.lineno
a.lineNumber,c:a.c?+a.c:a.c,s:[],t:
m.ue.d(),name:a.name,type:a.type
,csm:J+
+(a.fromOnError?onerror:
ueLogError)},d,c,g=0,f=0,n;c=h.l
ocation;d=a.stack
(a.err?a.err.stack:);b[y]=e[y]
c&&c.href missing;b[p]=e[p]
z;(c=e[q])&&(b[q]=+c);m.ue_ld_
err&&h.performance&&h.perfor
mance.timing&&(c=h.performanc
e.timing,f=window.performance&
&window.performance.now&&w
indow.performance.timing?windo
w.performance.now()+window.pe
rformance.timing.navigationStart:
+new
Date,b.ld=0l.mxe))){l.ec++;l.ter.p
ush(a);e=e { };var b=a[p]
e[p];e[p]=b;e[q]=a[q]
e[q];b&&b!=z l.ecf++;w(a,
e) } }function w(a,e){if(a){var
b=x(a,e),d=e.channel
M;if(ue.log.isStub&&h[u]&&h[u
][v]){var c={ };c[d]=b;try{var
g=h[u][v]({rid:ue.rid,sid:m.ue_sid
,mid:m.ue_mid,sn:m.ue_sn,reqs:[
c]),f=h1,n;if(n!=(f[D]&&f[D])(E,
g))){var l;if(h[F]){var k=new
h[F];k.onerror=s;k.ontimeout=s;k.
onprogress=s;k.onload=s;k.timeo
ut=0;l=k}else{var p;if(h[G]){var
q=new h[G];p=withCredentialsin
q?q:void 0}else p=void
0;l=p}n=1}if(d=n){d.open(POST,
E,!0);if(d[H])d[H](Content-type,t
ext/plain);d.send(g) } }catch(r) { }
else m.ue.log(b,
d,{nb:1 });if(!a.fromOnError){g=h
.console { };d=g.error g.log
s;c=h[u];f=Error logged with the
Track&Report JS errors
API(http://tiny/1covqr6l8/wamazi
ndeClieUserJava):

```

```

;if(c&&c[v])try{f+=c[v](b)}catch
(t){f+=no info provided;
converting to string failed}else
f+=b.m;d.apply(g,[f,b])}}var
G=XMLHttpRequest,F=XDomain
nRequest,N=navigator,D=sendBe
acon,v=stringify,u=JSON,p=logL
evel,q=attribution,y=pageURL,r=
skipTrace,H=setRequestHeader,k
=message,s=function(){},E=//+m.
ue_furl+
/1/batch/1/OE/,l=m.ue_err,M=m.
ue_err_chan
jserr,z=FATAL,J=v6,A=20,t=256
,L=RegExp( (?([ ^ s ]*):( d+): d+
)?).split(
).join(String.fromCharCode(92))),
K=/. * @ ( . * ) : ( // d * ) / ; x [ r ] = 1 ; C [ r ] = 1 ;
w [ r ] = 1 ; ( function () { for ( var
a , e = 0 ; e
(function ( c , d ) { var
b = c . ue , a = d . navigator ; b && b . tag &
& a && ( a = a . connection
a . mozConnection
a . webkitConnection ) && a . type &
& b . tag ( netInfo : + a . type ) } ) ( ue _ csm
, window ) ;
( function ( c , d ) { function
g ( a , b ) { for ( var c = [ ] , d = 0 ; d
ue _ csm . ue . exec ( function ( d , e , a ) { f
unction
b ( a , b ) { return { name : a , getFeature
Value : function () { return void
0 ! == b
0 } } } function
h ( a , b , c ) { return { name : a , getFeature
Value : function () { return b === c
0 } } } function
g ( a , b ) { return { name : a , getFeature
Value : function () { for ( var a = 0 ; a
ue . _ bf . modules . push (
ue . _ bf . mpm ( cc _ ie5 , 1 ) )
ue . _ bf . modules . push (
ue . _ bf . mpm ( cc _ ie6 , 1 ) )
ue . _ bf . modules . push (
ue . _ bf . mpm ( cc _ ie7 , 1 ) )
ue . _ bf . modules . push (
ue . _ bf . mpm ( cc _ ie8 , 1 ) )
ue . _ bf . modules . push (
ue . _ bf . mpm ( cc _ ie9 , 1 ) )
( function ( g , b , h ) { function c () { var
a ; a = h . cookie . match ( / session - id = ( [
// w // - ] + ) / ) ; a = null ! == a ? a [ 1 ] : null ; v
ar

```

```

b=ue_sid,c;c=Date.now?Date.now():(new Date).getTime();d[a]
(e.log({k:k,t:c,nsid:a,osid:b},f),d[a]=1)}var
k=sbk,f=csm;b=b.navigator.cookieEnabled?!0:!1;var
e=g.ue,d={};e.log({k:cinf,enbl:b},f);b&&ue_sid&&(d[ue_sid]=1,e.
attach(beforeunload,c),setInterval(c,1E3)))(ue_csm>window,document);
ue_csm.ue.exec(function(e,f){var a=e.ue
{ },b=a._wlo,d;if(a.ssw){d=a.ssw(CSM_previousURL).val;var
c=f.location,b=b?b:c&&c.href?c.href.split(#)[0]:void 0;c=(b)
===a.ssw(CSM_previousURL).val;!c&&b&&a.ssw(CSM_previousURL,b);d=c?reload:d?intrapage-t
ransition:first-view }else
d=unknown;a._nt=d},NavTypeModule)(ue_csm>window); var
ue_mbl=ue_csm.ue.exec(function(e,a){function k(f){b=f
{ };a.AMZNPerformance=b;b.transition=b.transition
{ };b.timing=b.timing
{ };if((f=a.webclient&&function===typeof
webclient.getRealClickTime?a.cordova&&a.cordova.platformId&&ios===cordova.platformId?!1:!0:
!1)&&b.tags instanceof Array){var
c;c=-1!=b.tags.indexOf(usesAppStartTime)
b.transition.type?!b.transition.type&&-1

```

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