

Racquetballs Best: Pros Speak from the Box



The best tips for racquetball come straight from the top professionals. This unique instructional covers the topics of: Strategy - Forehand - Backhand - Service - Serve Return - Kill Stroke - Kill Strategy - Power Source - Velocity vs. Accuracy - Spin - Back Wall - Overhead - Volley - Ceiling - Specialty Shots - Shot Selection - Court Coverage - What to Watch - Focus - Drills - Conditioning - The Psyche - Vs. Control Players - Vs. Power Players - Pre-Tournament - Tournament - Tips for Pros, Juniors and Females - And More! From the World Champions and Top Pros: Cliff Swain - Marty Hogan - Sudsy Monchik - Jose Rojas - Alvaro Beltran - Andy Hawthorne - Charlie Pratt - Dave Peck - Jerry Hilecher - Ruben Gonzalez - John Ellis - Davey Bledsoe - Mike Ray - Brian Hawkes - Jeff Leon - Rhonda Rajsich - Cheryl Gudinas - Jackie Paraiso - Suzy Acosta - Cristina Cassino - Kerri Wachtel - And Many More! Learn the most important aspects of the game from the best who have ever played!!

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the personal interactions, the camaraderie, Sly always buys a Gold box, with friends Gere Jackson, Steve Watts, and Ken Asked what she likes best about international competitions, she responds,

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Q & A with Racquetball Legend and Pioneer, Bo Keeley

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